



Packing List - Gravel

Bike

Gravel bike, CX, or Hard-tail mountain bike
Knobby tires - as thick as your fork can handle

OPTION: Frame packs

OPTION: Trailer

Water bottles for a full day
Camelback or additional water bladder for storage
Helmet
Bike repair kit

Sleeping

Light-weight backpacking tent or tarp tent (rain fly & ground cover option)
Light-weight sleeping pad
3-Season sleeping bag - emphasize packing small

Eating

Stove - jetboil or msr recommended
Pot for cooking (included with jetboil style stove)
Water filter or drops - esp gravity filter
Dehydrated meals - mountain house or similar
Riding snacks - plenty for each day
Electrolytes
Cup
Spork
Aeropress + grounds, or instant coffee packs

Clothing

At least 2 chamois - one to wear, one to wash
At least 2 jerseys
Bike shoes, preferably MTB style for comfort
Extra socks (2 pair)
Riding gloves - full finger
Arm/knee warmer options
Rain jacket
Puffy jacket (for nights)
Camp shoes - crocs are light

Comfy camp clothes, esp long underwear
Hat

Gear & gadgets

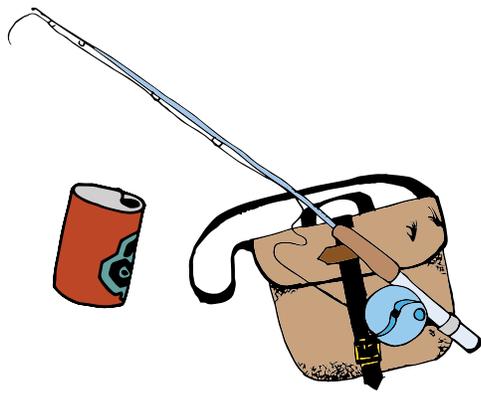
Fire starting device (lighter)
Headlamp
Sunglasses
Multitool, such as leatherman
Wayfinding device - GPS or smart phone if staying in range of service
Paper maps
Camera
Zipties - lots
Garmin
Recharging device (battery pack or solar panel)
Any usb cords needed to recharge

Personal items

First aid kit
Camp towel
Sunscreen
Chamois cream
Misc toiletries - tampons, etc
ID, cash, credit card
TP + shovel
Toothbrush
Book to read
Notebook + pen for sketching or writing
Dry bag or ziplock for items that can't get wet

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Packing List - Emergency Supplies

Bike Repair

Bike multitool that includes a chain breaker and all the sizes of wrenches needed for your bike

Leatherman style multitool (it's possible you will need the pliers, scissors)

Pump - test it out ahead of time

Tubes - 2

Tire levers

Tube patch kit

Sealant (if tubeless)

Needle + heavy nylon thread

Tire boot

Chain quick links - know how to use them

Chain lube

Rag to wipe down the chain

Zip ties

Gorilla tape

When going long:

Extra brake pads (x4)

Extra cleats

Extra tire

Spare spokes

First Aid

Chamois Cream - don't get chaffed

Pain - Tylenol (doubles for fever), Aleve, your choice

Pepto Bismol chewable tabs

Soap - backcountry safe, such as Dr. Bronners

Band-aids

Neosporin

Betadine prep pads for disinfecting
tweezers

butterfly bandages

small roll gauze (Kling wrap)

Non-stick sterile pad (can be cut to size with your Leatherman's scissors)

Compression wrap, such as Ace bandage

Benedryl (even if you don't have allergies)

Tegaderm (for road rash)

Any prescriptions you may need

Any specific allergy needs (EpiPen, etc)

Very Remote?

Bear Whistle

Long bear line (30') to hang your gear

Spot tracker, GPS

Emergency blanket

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